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COVID-19 Policies and Procedures

Dear Nutrition Works clients,

Nutrition Works offers a choice of face-to-face visits or telehealth. We would like to share with you how we are addressing the coronavirus (COVID-19) pandemic for in-office, face-to-face visits. We are following recommended guidelines from the CDC and state health officials to reduce viral spread. We are committed to providing quality medical nutrition therapy/nutrition counseling as we adapt to the challenges of this public health situation, and appreciate your trust and understanding.

We are strictly following CDC guidelines for cleaning and monitoring, including weekly screening of our staff and dietitians. This includes, but is not limited to:

- Requiring that all dietitians wear masks during in office sessions and use hand sanitizer between clients
- Spacing office furniture to facilitate physical distancing
- Removal of all reading materials
- Regularly disinfecting knobs, counters, chairs, and all spaces where public interaction occurs
- Disinfecting counseling offices after every client encounter
- Appointments scheduling to limit traffic flow and allow time for cleaning protocol

As we are a healthcare facility, all clients (regardless of vaccination status) are required to wear a mask during their appointment and while in the waiting room. We greatly appreciate your help in keeping our clients and staff safe.

Additional Information:

- Please bring your own pen to your appointment.
- We also ask that only the client being seen enter the office unless you are a direct caregiver or parent accompanying a young child.

Your dietitian will ask you the following questions before starting your appointment:

1. Have you been exposed to anyone that has tested positive for COVID-19 in the last two weeks?
2. Have you or anyone in your household had a fever, cough, shortness of breath, new loss of smell or taste in the last 3 days?
3. Are you or anyone in your household under voluntary or involuntary quarantine?

Should you answer yes to any of these questions, your appointment will be rescheduled to a later date. You will also have the option to choose a telehealth appointment.

July 1, 2021